

physie101

Preschoolers Physie Rhymes

RHYMES

SLICE SLICE SLICE THIS BREAD LOOKS NICE

Slice, slice, slice this bread looks nice [run hands down either side of child]

Spread, spread, butter on the bread [rub hand on child's belly]

On the top, jam so sweet [rub hand on child's head]

Now it's good enough to eat! [give a big hug! or pretend to eat]

DOT DOT LINE LINE

Dot, dot, dot, dot (gently poke your child's back with your index finger)

Line, line, (gently draw lines on your child's back with your finger)

Ladybugs crawling up your spine (use all fingers to be a "ladybug" across your child's back)

Cool breeze (blow softly on your child's neck)

Big squeeze (give child a gentle squeeze)

Now you got the shiverrees! (gently tickle your child everywhere)

RING A RING A ROSIE

Ring-a-ring o' roses,

A pocket full of posies,

A-tishoo, a-tishoo!

We all fall down.

Mummy in the teapot,

Daddy in the cup,

Baby in the saucer,

We all jump up.

The cows are in the meadow,

Eating buttercups,

A-tishoo, a-tishoo!

We all jump up.