

# physie101

## GROWING HEALTHY AND SUCCESSFUL CLUBS

WORD ASSOCIATION: Below (in the white box) create a list of a number of words that will best describe the club culture you are aiming to create. You can choose words on from the list below or add your own. These descriptive words or phrases should be different than your 3-5 focus words from session 1.

- Believe
- Care
- Camaraderie
- Celebrate
- Challenge
- Championship
- Commitment
- Community
- Competition
- Discipline
- Educate
- Empower
- Encourage
- Excellence
- Experience
- Expertise
- Family
- Fitness
- Friendship
- Fun
- Gather
- Goals
- Grow
- Health
- Inspire
- Laughter
- Mentor
- Motivator
- Nurture
- Passion
- Perform
- Professional
- Protect
- Results
- Role Model
- Social
- Support
- Teach
- Volunteer



**THE WORDS (OR PHRASES) THAT WILL BEST DESCRIBE OUR CLUB CULTURE  
WILL BE:**