

Physie101: Examples of Hashtag Sets For Instagram

SET 1

#{insert your Instagram account name here} #{insert your club name here} #physie #{insert your association here} #ilovephysie #instaphysie #dance #empoweringgirlsforlife #physieteacheslifeskills #joinusin2018 #activitiesforgirls #fitnessforwomen #physiefit #funfitnessfriendship #physiegirls #dancecompetitions #championgirlsthemovie #buildsconfidence #developscorestrength #teachessafedancetechniques #ballettechnique #moderndance #pilates #yoga #jazzdance #aerobicdance #bjp125years #performance #physicalculture #physieforlife

SET 2

#{insert your Instagram account name here} #{insert your club name here} #physie #{insert your association here} #welovephysie #instaphysie #physiefamily #physiefriends #physicalculture #findaclub #teamsandindividualevents #itsyourtimetoshine #australiandancesport #mothersanddaughters #getphysiefit #physie2018 #inspire #encourage #achieve #physieteam #getbacktophysie #commitment #physiesyllabus #routinesforallages #aussiesports #girlsmakeyourmove #ihaveembraced #physie101 #stretch #strengthen

SET 3

#physie #compseason #i♥physie #physicalculture #anewgeneration #{the name of your competition venue, city or suburb} #{your club name} #clubpride #go(insert your club name or nickname here) #{an emotion you are feeling} #letsdothis #physieproud #physiepride #timetoshine #letsdance #compready #teamspirit #heats #semis #finals #itsshowtime #chinup #leotardready #fishnets #hairspray #gotmycompetitornumber #marshalling #physiepose #physievibes #teamtime

SET 4

#physie #ilovephysie #kickinggoals #eyesontheprize #3sleepstogo #sydneyoperahouse #soexcited #physiecomps #leotardseason #personalbest #physiefocused #bjp_physie #{yourclubname} #{yourclubcolours} #{hometown} #feelinginspired #ladiesdance #danceagain #sydney #myphysiefamily #dancesport #readytorock #timetotan #highlightofmyyear #physieproud #cantwaittocatchup #letsdothis #hardworkpaysoff #nailart #thismum dances

Physie101 Hashtag Catalogue: Suggestions For Your Club

#(yourinstagramaccountname) #(yourclubname) #(yourlocation) #(yourassociation)
 #(yourclubscatchphrase or tagline)

An example of this could be

#thepointphysie #thepointphysicalculture #jannali #bardenridge #sydney #bjp_physie
 #shinebright #shinebrightlikea🌊

Physie Hashtags Suggestions For All Clubs

7\ Ua dJcb'; Jf #7\ Ua dJcb' @Xmi

#championgirl #championlady #grandchampion #grandlady #thattimeoftheyearagain
 #sydneyoperahouse #nightofnights #heats #semis #semifinal #final #placegetters #champion🏆
 #personalbest

7\ UFUWYF'

#sportsmanship #goodsport #cheerheron #inspiringwomen #strongwomen #rolemodels
 #youngogirl #likeachampion #resilience #persistence #focus #humble #congratulations
 #hertimetoshine #welldeserved #youearnedit #encourage #mycheerleader

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#physieclub #clubpride #qldzone #physieassociates #physieteacher #physieclubmembers
 #physiefamily #fitfam #physiefam #physieclass #physiedvd📺 #clubspirit #clubchampion
 #(clubcolours) #(awardname) #workoutwear #activewear #clubdanceshirt #physieuniform

7 ca dYjJcb'

#competitionseason #compseason #physiecomps #physieinterclub #onemoresleep
 #countdownison #zones #statechampionship🏆 #zonechampionship #nationalchampionship🏆
 #nationaltitles #australianchampion🏆 #novicesenior #novice #thosefeet #incrediblearches
 #ownit #ownthefloor #yougotthis #championshipgrade #bgrade #stagepresence #wowwowwow
 #shine #timetoshine

9j Ybtg'

#girlsnightin #mumsnightout #physieonholidays #physieworkshop #physietraining
 #physieconference #commonwealthgames #openingceremony #royaleastershow #physiecamp
 #internationalwomensday #christmas #easter #anzacday #australiaday

: Jfb Ygg'

#physiefit #girlsmakeyourmove #girlsmove #physieclass #physiesyllabus #physiepractise
 #physieforlife #gymtime #girlswholift👊 #warmup #floordrill #relaxed #exercises
 #ladiesadvanced #lyrical #strength #stretch #posture #flexibility #pilates #yoga #moderndance
 #jazzdance #aerobicdance #bodyawareness #activate #stayactive #fitspo #fitnessfirst
 #firstposition #youbetterwork #workit

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#physiefriends #physiefriendsforlife #physiefamily #physiefam #physiebrothers #physiesisters
#physiemum #physiedad #siblings #physiegenerations #threegerationsofphysie
#physievolunteers #familygoals #thefamilythatphysiestogether #motherdaughter
#grandmothermotherdaughter

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#keepcalmanddophysie #physiefun #physieparty #physiegirlsrock #physieshenanigans
#physiememories #physieflashback #physiequotes #physiespam #physiememes #physielife
#leotardmotivation #physieselfies #girlsjustwannahavefun 🌟 #physiedisco #physiepicnic
#girlsnightout #mumsnightout

; YbYU`

#physie #ilovephysie #welovephysie #iheartphysie #i♥physie #weheartphysie #we♥physie
#physiemakesmesmile #physiegirls #physiemums #physieforlife #physievibes #physicalculture
#onceaphysiegirlalwaysaphysiegirl #physieworld #instaphysie #australiansport #125years
#dancesport #australiandancesport #physieanddance

A YfW UbXJgY`

*(hashtag any businesses and include them in the message by adding @ in front of their
instagram account name. For example @danzdesign.)*

#danzdesign #cooperteamwear #neondancewear #beastwear #captivations
#awardsandtrophies #sony #beatsbydre #fitbit #thebronzingboutique #fantasnikhairbowz

A chj Ujcb#bgdfUjcb`

#physie101 #empoweringgirlsforlife #staymotivated #physie101quotes #yougotthis
#stayphysiestrong #team(insert the name of your competitor) #congratulations
#(inspirational song) #dearremarkablewoman

DfYgYbUjcb`

#physiespraytan #nailpolish 🍷 #tanup #tantime #thethingswedoforphysie
#hairsprayhairsprayhairspray #thereisnevertoomuchhairspray #physiedo #bobbypins #hairpins
#hairpiece #eyelashes #workofart #stagemakeup

HYUa g`

#physieteam #teamwork #teamttime #teamworkmakesthedreamwork #physiehair #teamleotard
#blacklycraleotard #superstars #dreamteam 🌟 #bling

HjbmHctg`

#tinytots #totsphysie #staroftheweek #spatialawareness #grossmotorskills #development
#mummyandme #mummytime #motherdaughter #activetoddlers

Association Campaigns

You can also tag associated businesses or organisations as well as causes that you wish to support. However, be sure this aligns with your association's values. Be sure you are aware of any rules set by your association in this matter. < Ug\ HU` dcgJhj YmiUbX`fYgdcbgJVmby
keeping in mind that you are representing your Club, your Association and, in the case of your personal account, yourself! I will dive into ways you can build your club using hashtags in upcoming posts. Stay tuned, teachers!!

#physie #bjp_physie #heidiboardmanphotography #physie.memes #_physie_fanpage_
#physie.culturing #physie101 #APDA #physieanddancerevolution #physie.fanpage

#busywithphysie #physietips #physiestories #tagtobefeatured #physiefan #physie
#physiephotography #liveapda

#myphysieteacherrocks (imagine if students from all over the nation used this hashtag during World Teachers Day or perhaps even Valentine's Day)

#myphysierolemodel (tag your physie role models on International Women's Day to acknowledge and celebrate those women who have had a positive an influence on you!)

#physieshoutout (could post photos of someone special in your club and give a shout out to them and what they have contributed)

#physiemums (do you know a special physie mum? What does your physie mum do that you are thankful for?)

#physiedadoftheyear (make Father's Day the perfect opportunity to post pics and messages to all the wonderful physie dad's. Submit photos for a prize perhaps!)

#commonwealthgamesopeningceremony

#ihaveembraced (hashtag for the [Body Image Movement](#))

#girlsmakeyourmove or **#girlsmove** (hashtag for [Girls Make Your Move Campaign](#))

#physie2018 #physiecomp2018 #grandchampion2018 #nationalchampionships2018